

<b>Book Title</b>	<b>Author</b>	<b>Year</b>	<b>Quantity</b>
"And they will not cease the differ.."	Saddek Wasil	2012	1
86 Tips for therapeutic toolbox	J. A. Belmont	2006	1
Acceptance and Commitment Therapy for interpersonal Problems	Mckay	2012	1
An introduction to 3Dimensional	N. Linacre & J. Cann	2011	1
Between give and take: a clinical guide to contextual therapy	Boszormenyi-Nagy, Spark	1986	1
Beyond Charm	Shirley Shalaby	2010	1
Body BalancedFood Medicine	Timothy Yeh and Pearl Yeh	2005	1
Borderline Personality Disorder	Melanie Dean	2006	1
Breast Cancer Survivors in Saudi Arabia	Samia Al Amoudu	2008	1
Building Emotional Intelligence	Linda Lantieri, Daniel	2008	1
By Any Greens Necessary	T. L. McQuirter	2010	1
Calling in "the one": 7 weeks to attract the love of yourself	Katherine W. Thomas	2004	1
Clinical Biostatistics	Weaver and Goldberg	2011	1
Combined destinies: white sharing grief about racism	Jealous and Haskell	2013	2
Coming Home to Self	Verrier	2011	1
Depression in Adults	Anton Tolman	2005	1
Disorders	Daniel Fox	2014	1
Fitness Notes Nutrition Tips	Abbe Ford	2000	1
Foods of Food Medicine	Timothy Yeh and Pearl Yeh	2004	1
Friendfluence	Carlin Flora	2013	7
From Neuron to Brain	Nicholls, Martin, Fuchs, Brown, Diamond, Weisblat	2011	1
Get Out of Your Mind and into Your Life	Hayes	2005	1
Get Out of Your Own Way	Goulston, Goldberg	1996	1
Handbook of Latino Psychology	Villarruel, Carlo, Grau, Azmitia, Cabrera, Chahin	2009	1
How to stop procrastinating	Steve Scott	2017	1
I speak for Myself: American women on being muslim	Ebrahimji, Suratwala	2011	1
Introduction to ACT (Acceptance and Commitment Therapy)_DVD	Mckay, Ona		1
Invisible loyalties	Boszormenyi-Nagy, Spark	1984	1
Leadership for Transformation	Barbour, Hickman	2011	1
Leading in complex world	Barbour	2012	1
Mental Helath Services in The Kingdom		1982	1
Mind Over Mood	D. Greenberger, C. Padesky	1995	1
Mindsight	Daneiel Siegel	2010	1
My Egyptian Grandmother's Kitchen	Mehdawy, Hussein	2006	1
Neurons in Actions	Moore and Stuart	2007	1
Neuroscience	Purves, Fitzpatrick, Hall, LaMantia, White	2012	1

Performing under pressure	Weisinger and Pawliw-Fry	2015	1
Planting seeds: practicing mindfulness with children	Thich Nhat Nanh	2011	1
Quiet: the power of Introverts in a World that can't stop talking	Susan Cain	2012	3
Sanctificum	Chris Abani	2010	1
Stress Management Intervention for Women with Breast Cancer	Michael H. Antoni	2003	5
SuperFoods	Pratt & Matthews	2004	1
Surviving Sexual Violence	T. Bryant- Davis	2011	1
Taking Hypnosis to the next level	M Yapko	2018	1
The Body keeps the score	Bessel Van Den Kolk	2014	1
The confidence gap	Russ Harris	2011	1
The difference	Scott Page	2007	1
The dissertation warrior	Guy and White	2017	1
The maximum energy cookbook	Sharon Broer	1999	1
The Pharaoh's kitchen	Mehdawy, Hussein	2010	1
The power of Habit	Katherine Curtis	2020	1
The primal wound	Verrier	1996	1
The Psychology of Ultimate Concerns	Robert Emmons	1999	1
The relaxation and stress reduction workbook_5th ed	M. Davis, E.R.Eshelman, M.S.W., M McKay	2000	1
The relaxation and stress reduction workbook_6th ed	M. Davis, E.R.Eshelman, M.S.W., M McKay	2008	5
The self-care project	Jayne Hardy	2017	1
The sleep book	Guy Meadows	2014	1
The Student Leadership Challenge	Barry and Posner	2013	2
The Tapping Cure	Roberta Temes	2006	1
Understanding Global Health	Markle, Fisher, Smego	2007	1
Wellbeing	Tom Rath, Jim Harter	2010	1
What colour is your parachute?	Richard Bolles	2012	1
Why Zebra don't get Ulcers	R. Sapolsky	2004	6
Writing from the Inside out	Stephen Lloyd Webber	1982	2
You can't lead with your feet on the desk	Ed Fuller	2011	1
Your Every Word has Power	Yvonne Oswald	2009	1